

Parent Newsletter



La Hora de Dormir Time to Sleep



Overview:

We are learning vocabulary for things we need to do and items we use in preparation for bed time. These are items we use on a daily basis so it is something easy to practice regularly with your child and incorporate into your routine and some of the vocabulary can be applied to other parts of the day and in other scenarios as well. Our grammar focus on expressing need is very useful for daily conversations as well.

Vocabulary:

Sleep - Dormir
Sueño - Sleepy / Dream
Hora - Time
Noche - Night
Pijama - Pajama
Un baño - a bath
Una ducha - a shower
Jabón - Soap
Champú - Shampoo
Acondicionador - Conditioner
Toalla - Towel
Cepillar dientes - Brush teeth
Cepillo de dientes - Toothbrush
Pasta de dientes - Tooth paste
Cama - Bed
Almohada - Pillow
Cobija - Blanket
Cuento- Story
Libro - Book

Grammar:

Verbs we will be using and examples...

Necesito - (I) need

Example: Necesito una pijama.

I need a pajama.

Quiero - (I) want

Example: Quiero un baño.

I want a bath.

Me gusta - (I) like

Example: Me gusta dormir.

I like to sleep .

Practice tips:

-Ask your child to hand you items you need for their bedtime routine and name them for you in Spanish.

_ Narrate what you are doing during your bedtime routine using the words you know in Spanish.

- Incorporate colors asking your child to describe the pijama they will be wearing.